



Information for Young People

Educational psychologists are here to help you by providing the guidance and support you may need to get the most from your education. You may be unclear about what we do, so here are some questions and answers that might help you understand better.

What does an Educational Psychologist (EP) do?

It's simple, really ... our job is to help you to enjoy and thrive at school. We'll want to know how you're getting on with the work, whether you get on with your classmates and teachers, if you have any worries or problems. This information will help us to support you.

We'll gather this information by:

- coming to your classroom to look at your schoolwork
- giving you activities to complete
- talking to you, your parents and teachers about school and what would make it better for you

Do I have to see the EP?

You've been asked to see an EP so that we can find ways to help you in school. Our priority is to make you feel relaxed about sharing information with us to help you progress. If you feel worried about seeing us, why don't you talk it through with a parent, teacher or someone else you trust?

Where will I see the EP?

We come to you. You'll normally see us at your school.

Will the EP tell other people what I have said?

With your permission we will share your views with relevant others who may be able to help.

What happens after I have seen the EP?

After we've met up, we'll talk to your parents and teachers about how we can help you in school. We'll prepare a letter to share with them that includes details of what help you would benefit from. If you like, you can read this too.

Can I ask the EP's questions?

Absolutely, please ask us any questions that you like.

You will be meeting Simon Kitson, Educational Psychologist. He has been helping all sorts of children for more than 20 years. He started helping in 1999 (the year the full colour Game-Boy came out!)... He loves music, rock climbing, mountain biking, computer tech (arduino programming) and art.

